

POLICY AND RULE REFERENCE HANDBOOK
Bandina Christian Youth Camp, Inc.
Summer 2024 Camp Sessions

Self-Harm Prevention Guidelines for
Bandina Christian Youth Camp, Inc.

It is the policy of Bandina Christian Youth Camp to seek good mental health for all campers. If a staff member learns that a camper expresses desire to harm self, that staff member is to immediately consult with the Session Director of the Camp Health Officer (CHO). The following steps should be taken:

4. Every effort should be made to not escalate the situation by drawing undue attention to the camper or the problem.
5. The Session Director or the CHO will contact the parent or guardian of the camper.
6. Questions to answer:
 - An effort should be made to determine if the camper has acted on suicidal thoughts in the past in order to determine the seriousness of the situation.
 - Any item in the camper's possession that might be used to cause harm to self or another should be removed.
 - Is the camper on mood altering medications or has the camper taken medication?
 - Has the camper had a confrontation with another camper?
 - Has camper told others of plans?
 - Has the camper given away items to others?
 - Does the camper have any items on which they could overdose?
7. If there are signs of immediate risk for suicide, immediately contact either the National Suicide Prevention Lifeline at 800-273-TALK or a mental health professional.
8. Emergency or mental health professionals should evaluate the camper for proper care.
9. The camper should not be returned to the general population, but should be returned to the parent or guardian for further care.
10. If the camper population, or the camper's cabin is not aware of the situation, as little as possible should be reported. (e.g. "the camper is not well")
11. If the camper population, or the camper's cabin is aware of the situation, the fellow campers should be informed that the camper has been referred for appropriate care for the situation.